## The Counselling & Family Centre (CFC)

## **Couples Work Supervisor Role description**

# **Summary**

- Contribute to the development of clinical practice in identified areas, specifically one to one and case group supervision.
- Contribute to the maintenance of good practice across the organisation.
- Contribute to the Charity's clinical strategy ensuring clearly specified ongoing clinical focus and objectives for the service.
- Contribute to the ongoing development the clinical team in the effective delivery of these objectives.
- Contribute to the maintenance of the effective use of monitoring and evaluation systems in order to evidence delivery of these objectives.

#### Main duties

- Provide individual supervision the safe space for reflection.
- Facilitate a casework supervision group (meeting 8 times a year).
- Promote the use of CFC's monitoring and evaluation tool of choice and its therapeutic
  use to evidence outcomes in supervisions full training will be given as and when
  needed.
- Work collaboratively with the supervisory team to highlight preferred future directions to promote a co-operative and mutually supportive environment and identify barriers to effective team-working.
- Work collaboratively with the wider clinical team to deliver CFC's clinical strategy
- Identify particular strengths in the wider clinical team through meaningful annual appraisal and skills benchmarking.

## Other

Undertake additional supervisions arising from ongoing developments in the job role.

### Responsible to

The Clinical Services Manager

# **Couples Supervisor Person Specification**

#### **Essential**

## **Qualifications & Experience**

- Holds a recognised qualification in supervision.
- Is an accredited supervisor or eligible for accreditation.
- A minimum of 200 Couples counselling hours practice.
- Evidence of current practice with Couples.
- Is a practising qualified counsellor with over 5 years counselling experience or 600 hours of counselling practice.
- Can demonstrate evidence of Continuing Professional Development of 30 hours per vear.
- Maintains regular supervision as a supervisee.
- Is a member of a relevant professional body and maintains appropriate personal insurance
- Has Level 1 Safeguarding Training or will have completed this within 24 months of appointment.
- Awareness of domestic abuse procedures and best practice.
- Will support a minimum of 6 individual supervisees and offer at last 1 case supervision group.

### **Personal Attributes**

- Is willing to undertake a DBS check.
- Has a clear understanding of confidentiality, case management, and the requirements of working in an organisational setting.
- Has the ability to manage and contain anxiety.
- Has the ability to work one-to-one, lead groups, facilitate learning, motivate, support and is skilled in the use of constructive challenge.
- Has excellent interpersonal skills and is an effective communicator.
- Has the ability to maintain accurate and appropriate records.
- Is flexible, well organised and has good time management skills.
- Is supportive of new projects.
- Is willing to attend for monthly support consultation with the Clinical lead (unpaid).
- Is willing to attend supervisory meetings on a 6 weekly basis (paid).

## **Desirable**

- Has a working knowledge of counselling methodologies other than Person-Centred, particularly T.A., Gestalt, Couples Counselling, Working with Young People or Family Systems.
- Has an understanding of the dynamics of voluntary organisations.
- A recognised qualification in working with Addiction.

- A recognised qualification in group work, Couples, PST or Family counselling.
- An understanding of evidence based therapy using CORE or similar evaluation tools.
- Awareness of "Hidden Harm" procedures protecting vulnerable children and experience of appropriate referral procedures and networking.
- Has Level 2 Safeguarding Training or will have completed this within 24 months of appointment.

# Desirable

- Experience of working within organisational settings such as Marriage Care, After Adoption etc.
- Experience of working with children and young people and with families.